

Youngblood

Therese Gustafsson

Type : A 64 B 16 C 64 Counts
 Level : Modern Line Dance Ace Dance B
 Music : "Youngblood" by 5 Seconds Of Summer (BPM 120)
 Sequence : A, B, C, A, C, B, B, C, B, C
 Startposition : 10:30

Part A

FORWARD 2X, ROCK STEP, ½ TURN R, HOLD, ½ STEP TURN R

1 RF Step forward
 2 LF Step forward
 3 RF Step forward
 4 LF Recover weight
 5 RF ½ Turn R, step forward (4.30)
 6 Hold
 7 LF Step forward
 8 RF ½ Turn R, step forward (10:30)

1 ¼ TURN R, SWEEP, CHEST POP 4X

9 RF Start 1 ¼ turn R
 LF Sweep forward
 10 RF Continue 1 ¼ turn R
 LF Sweep forward
 11 RF Continue 1 ¼ turn R
 LF Sweep forward
 12 RF Finish 1 ¼ turn R (1.30)
 LF Touch forward
 13 Pop chest out
 14 Pop chest in
 15 Pop chest out
 16 Pop chest in, LF Weighted

FORWARD 2X, ROCK STEP, BACKWARDS 3X, 1/8 TURN L, SIDE

17 RF Step forward
 18 LF Step forward
 19 RF Step forward
 20 LF Recover weight
 21 RF Step backwards
 LF Swivel toe out
 22 LF Step backwards
 RF Swivel toe out
 23 RF Step slightly backwards
 24 LF 1/8 Turn L, cross behind (12.00)
 & RF Step R

TOGETHER, LOOP, 1/8 TURN R, FORWARD, FLICK, ½ TURN R

25 LF Step together
 RF Lift leg R
 26 RF Flick to backwards
 27 RF 1/8 Turn R, start step forward
 28 RF Finish step forward (1.30)
 29 LF Start flick backwards
 30 LF Finish flick backwards
 31 LF Step forward
 32 LF ½ Turn R (7.30)

FORWARD 2X, OUT 2X, TOGETHER, FORWARD, ROCK STEP, BACKWARDS with SWEEP 2X, FLICK

33 RF Step forward
 34 LF Step forward
 & RF Step out
 35 LF Step out
 & RF Step in centre
 36 LF Step forward
 37 RF Step forward
 38 LF Recover weight
 39 RF Step backwards
 LF Sweep backwards
 40 LF Step backwards
 RF Sweep backwards
 & RF Flick

½ TURN R, LOOK, HOLD, POP&BUMP 4X

41 LF ½ Turn R (1.30),
 RF Touch forward
 42 Look at 1.30
 43 Hold
 44 Pop chest out
 45 Hip bump L
 46 Pop chest out
 47 Hip bump L
 48 Straighten up

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1/4 TURN L, CROSS SLIDE 2X, MAMBO STEP, BACKWARDS, TOUCH

49 RF 1/4 Turn L, cross over (10.30)
 50 LF Slide L
 51 RF Cross over
 52 LF Slide L
 53 RF 1/8 Turn L, step forward (9.00)
 & LF Recover weight
 54 RF Step backwards
 55 LF Step backwards
 56 RF Touch backwards

1/4 TURN R, SCOOP, HOLD 2X, TOGETHER

57 RF 1/4 Turn R, u.b. down, step R
 BF Bend both knees (12.00)
 58 Move upper body to centre
 59 Move upper body R
 60 RF Come up, straighten knees
 61 Hold
 62 Hold
 63 LF Start step together
 64 LF Finish step together

Part B (12.00)
MOONWALK 2X, BACKWARDS, OUT 2X, KNEE ROLL, SIDE, HOLD, CROSS, 7/8 TURN L

1 RF Roll foot down
 LF Slide backwards
 2 LF Roll foot down
 RF Slide backwards
 3 RF Step backwards
 & LF Step L
 4 RF Step R

5 RF Knee roll R, step R
 6 Hold
 7 LF Cross behind
 8 RF 7/8 Turn L (1.30)
 LF Weighted

SYNCOPATED LOCK STEP, ROCK STEP, TOUCH 1/8 TURN L, SCOOP, TOUCH

9 RF Step forward
 10 LF Cross behind
 & RF Step forward
 11 LF Cross behind
 12 RF Step forward
 13 LF Step forward
 & RF Recover weight
 14 LF 1/8 Turn L, touch L (12.00)
 15 LF Step L, bend knees
 16 RF Touch together, straighten knees

Part C
KICK BALL STEP, SAILOR STEP 2X, PIRQUETTE TURN R

1 RF Kick forward
 & RF Step together
 2 LF Step diagonally L forward
 3 RF Cross behind
 & LF Step L
 4 RF Step diagonally R forward
 5 LF Cross behind
 & RF Step R
 6 LF Step diagonally L forward
 7 LF Start full turn R
 RF Hitch
 8 LF Finish full turn R
 RF Hitch

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**OUT 2X, TOUCH 2X, TOGETHER 2X,
 TOUCH, FORWARD, BACKWARDS with
 SWEEP, BACKWARDS, TOUCH**

9 RF Step R
 10 LF Step L
 11 RF Touch together
 12 RF 1/8 Turn R, heel touch forward (1.30)
 a RF 1/8 Turn R, step together (3.00)
 13 LF Touch together
 14 LF Step slightly forward
 15 RF Step backwards
 LF Sweep backwards
 16 LF Step backwards
 RF Touch forward

**SWIVEL 2X, 1/4 TURN L, TOUCH, HOLD,
 FULL TURN L, SIDE, TOUCH**

& RF Heel swivel R
 17 RF Heel swivel in centre
 18 RF 1/4 Turn L, step R (12.00)
 19 LF Touch crossed behind
 20 Hold
 21 RF Start full turn L
 22 RF Finish full turn L
 LF Weight crossed over
 23 RF Step R
 24 LF Touch crossed behind

HOLD, SCOOP, SIDE, CHASSE, KICK

25 Hold
 26 LF } Step L, bend knees
 27 } Move upper body
 28 } R to L

29 RF Step R
 30 LF Step L
 & RF Step together
 31 LF Step L
 32 RF Kick R

**1/2 STEP TURN, STEP TOUCH 2X, TOUCH,
 1/4 TURN R SWIVEL, 1/8 TURN R SWIVEL**

33 RF Step forward
 34 LF 1/2 Turn L, step forward (6.00)
 35 RF Step diagonally R
 36 LF Touch together
 37 LF 1/4 Turn R, step L (9.00)
 38 RF Touch together
 39 RF Touch backwards
 & RF 1/4 Turn R, swivel L (12.00)
 40 LF 1/8 Turn R, swivel L (1.30)

**BODY ROLL, BALL STEP, X2
 1/8 TURN L, TOUCH, PIVOT TURN L 2X**

41 Body roll backwards
 & RF Step together
 42 LF Step backwards
 43 Body roll backwards
 & RF Step together
 44 LF Step slightly backwards
 45 RF 1/8 Turn L, step R (12.00)
 46 LF Touch crossed behind
 47 LF 1/4 Turn L, step forward (9.00)
 48 RF 1/2 Turn L, step backwards (3.00)

Official WCDF competition dance description 2020

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3/8 TURN L, CAMEL WALK 3X,

ROCK STEP

49 LF 3/8 Turn L, step forward (10.30)
50 RF Step together
LF Touch together
51 Hold
52 LF Step forward
RF Touch together
53 Hold
54 RF Step forward
LF Touch together
55 LF Step forward
56 RF Recover weight

BACKWARDS BODY ROLL 3X, TOUCH

57 LF Touch backwards
Body roll backwards
58 LF Step backwards
59 RF Step backwards
60 LF Touch backwards
Body roll
61 LF Step backwards
62 RF Step backwards
63 LF Step backwards
Body roll
64 RF Touch forward

Part C

2nd and 3rd time

64 RF 1/8 Turn R, Touch forward
(12.00)

World Country Dance Federation