

Official WCDF competition dance description 2018

Shady

Fred Whitehouse, Darren Bailey & Amy Glass

Type : 32 Count, 2 Wall
 Level : Modern Line Dance Basic Dance A
 Music : "Shady" by Adam Lambert (BPM 100) Update 14-12-2017
 Sequence : A Tag 1 A Tag 2 A Restart A Tag 1 A Tag 2(1/2) A A A

**HEEL GRIND, LOCK STEP, FORWARD,
 POP KNEE, FORWARD, 1/2 STEP TURN R,
 1/4 TURN R, DRAG**

1 RF Step forward on heel
 2 LF 1/8 Turn R, step L (1.30)
 & RF 1/8 Turn L, cross behind
 (12.00)
 3 LF Step forward
 & RF 1/8 Turn L, step R (10.30)
 4 LF Step together, pop R knee
 5 RF 1/8 Turn R, step forward
 (12.00)
 6 LF Step forward
 7 RF 1/2 Turn R, step forward (6.00)
 8 LF 1/4 Turn R, big step L (9.00)
 RF Drag together

**ROCKSTEP 2X, SAILOR STEP, CROSS, 1/4
 TURN R, FORWARD, OUT 2X, SWIVEL 2X**

9 RF Step forward
 & LF Recover weight
 10 RF Step R
 & LF Recover weight
 11 RF Cross behind
 & LF Step L
 12 RF Step R
 13 LF Cross behind
 & RF 1/4 Turn R, step forward (12.00)
 14 LF Step forward
 & RF Step diagonally R forward
 15 LF Step L
 & BF Swivel toes in
 16 BF Swivel heels in

**ROCKING CHAIR, ROCKSTEP,
 BACKWARDS, HOLD, BALL STEP, MAMBO
 STEP**

17 RF Step forward
 & LF Recover weight
 18 RF Step backwards
 LF Hitch knee

& LF Recover weight
 19 RF Step forward
 & LF Recover weight
 20 RF Big step backwards
 LF Drag together
 21 Hold
 & LF Step together on ball
 22 RF Step forward
 23 LF Step forward
 & RF Recover weight
 24 LF Step together

**FORWARD, 1/4 TURN R, SAILOR STEP,
 SAILOR STEP 1/4 TURN L, HITCH, TOUCH,
 1/2 TURN R**

25 RF Step forward
 26 LF 1/4 Turn R, step L (3.00)
 27 RF Cross behind
 & LF Step L
 28 RF Step R
 29 LF Cross behind
 & RF Step R
 30 LF 1/4 Turn L, step forward (12.00)
 & RF Hitch knee
 31 RF Touch behind
 32 LF 1/2 Turn R (6.00)

TAG 1 (6.00)

1 RF Step forward, LF pop knee
 2 LF Step forward, RF pop knee

TAG 2 (12.00) 2nd Restart is only 4 counts!

1 RF Step diagonally R forward
 2 LF Step L
 3 RF Step backwards
 4 LF Step together
 5 RF Step diagonally R forward
 6 LF Step L
 7 Chest contraction
 8 Chest contraction

Restart After 16 counts