

Natural Selection

Guyton Mundy

Type : 64 Count, 4 Wall, Funky
Level : Modern Line Dance Division Ace, Dance A
Music : "Gotta Get Through This" by Daniel Beddingfield (BPM 140)

KICK TOUCH, FULL TURN R, KICK BALL TOUCH, KICK, FORWARD

1 RF Kick R
BA Side
2 RF Touch behind L
BH Behind head
3 RF Start full turn R
4 RF Finish full turn R (12.00)
BA Bring down
5 LF Kick forward
& LF Step together on ball
6 RF Touch behind
7 RF Kick R
BA Push out to side
8 RF Step forward
LH Bend, fist down
RH Bend, fist up

KICK, FORWARD, SIDE, HOLD, KNEE POP 2X, SLIDE

9 LF Kick L
LH Fist up
RH Fist down
& LH Fist down
RH Fist up
10 LF Step forward
LH Fist up
RH Fist down
11 RF Step R
BA Release
12 Hold
13 RF Pop R knee in
14 LF Pop L knee in
15 RH Place behind head
16 BF Slide feet together
RA Pull yourself up

STEP & SWIVEL 2X, COASTER STEP, FORWARD, SCUFF, HITCH

17 RF Step forward
& LF Swivel heel L
RF Swivel toes R
18 BF Back to centre
19 LF Step forward
& RF Swivel heel R
LF Swivel toes L
20 BF Back to centre
21 LF Step backwards
& RF Step together
22 LF Step forward
23 RF Step forward
& LF Scuff forward
24 LF Hitch
RA Bend, fist at eye height

TOGETHER, ARM MOVEMENTS, CROSS, FULL TURN L, TOUCH, BACKWARDS

25 RF Slowly bring down
Start small body roll backwards
RH Over face down to chest
26 RF Step together
Finish small body roll
backwards
RA Push forward, slightly bent
27 LH Hit R fist, keep in centre
& RA Bring R
28 RH Hit L fist, keep in centre
& LA Bring L
29 LF Cross behind
BA Release
30 LF Full turn L (12.00)
31 RF Touch forward
32 RF Step backwards

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**HITCH, ¼ TURN 2X, HITCH,
TOGETHER, FORWARD 2X, SIDE**

33 LF Hitch
34 LF ¼ Turn L, step L (9.00)
35 RF ¼ Turn R, step forward (12.00)
36 LF Hitch
37 LF Step together
38 RF Step forward
39 LF Step forward
40 RF Step R

**CROSS SLIDE 2X, ¼ TURN L SLIDING
STEPS 4X**

41 LF Cross over on ball, toes R
42 LF Heel down, toes L
RF Slide R
43 LF Cross over on ball, toes R
44 LF Heel down, toes L
RF Slide R
45 LF ¼ Turn L, step L (9.00)
RF Slide together
46 RF ¼ Turn L, step R (6.00)
LF Slide together
47 LF ¼ Turn L, step L (3.00)
RF Slide together
48 RF ¼ Turn L, step forward (12.00)

**FORWARD, HOLD, X2, SAILORSTEP,
SAILORSTEP ¼ TURN R**

49 LF Step diagonally L forward
50 Hold
51 RF Step diagonally R forward
52 Hold
53 LF Cross behind
& RF Step R
54 LF Step L
55 RF Cross behind
& LF ¼ Turn R, step L (3.00)
56 RF Step forward

**FORWARD, FOOT/KNEE LOCK,
HOP 2X, HOLD, FORWARD 2X,
THINKER POSE**

57 LF Step forward
58 RF Behind L knee
LF Bend knee
& RF Hop backwards
59 LF Hop together
60 Hold
61 RF Step forward
62 LF Step forward
63 LF Bend knee, "sitting" position
RF Outside ankle on L knee
LH On inside R knee
RA Elbow on inside R knee
RH Middle finger & thumb on chin
64 Hold