

Official WCDF competition dance description 2016

Cindy Lou Two Step

Hazel Pace

Type : 64 Count, Progressive Circle Dance [Update 22-01-2016](#)
Level : Partner Pattern Dance & Classic Pattern Partner Dance A
Music : "Never Gonna Feel Like That Again" by Kenny Chesney (152 BPM)
Arms : For the arm connections, please refer to the Original WCDF video

Leader

Starting position:

Facing 06.00 (ILOD)
Holding inside hands

SIDE, TOUCH, ¼ TURN SIDE, TOUCH, SIDE, TOGETHER, ¼ TURN, HOLD

1	RF	Step R
2	LF	Touch together
3	LF	¼ Turn L, step forward (3:00)
4	RF	Touch together
5	RF	Step side
6	LF	Step together
7	RF	¼ Turn R, step forward (6:00)
8	RF	Hold

½ STEP TURN R, HOLD, FULL TURN, STEP, HOLD

9	LF	Step forward
10	RF	½ Turn R, recover weight (12:00)
11	LF	Step forward
12	LF	Hold
13	RF	½ Turn L, step backwards (6:00)
14	LF	½ Turn L, step forward (12:00)
15	RF	Step forward
16	RF	Hold

Follower

Starting position:

Facing 06.00 (OLOD)
Holding inside hands

SIDE, TOUCH, ¼ TURN SIDE, TOUCH, SIDE, TOGETHER, ¼ TURN, HOLD

1	LF	Step L
2	RF	Touch together
3	RF	¼ Turn R, step forward (9:00)
4	LF	Touch together
5	LF	Step side
6	RF	Step together
7	LF	¼ Turn L, step forward (6:00)
8	LF	Hold

STEP, ½ STEP TURN, HOLD, FULL TURN, STEP, HOLD

9	RF	Step forward
10	LF	½ Turn L, recover weight (12:00)
11	RF	Step forward
12	RF	Hold
13	LF	½ Turn R, step backwards (6:00)
14	RF	½ Turn R, step forward (12:00)
15	LF	Step forward
16	RF	Hold

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Leader

MAMBO STEP, HOLD X2

17	LF	Step forward
18	RF	Recover weight
19	LF	Step backwards
20	LF	Hold
21	RF	Step backwards
22	LF	Recover weight
23	RF	Step forward
24	RF	Hold

FORWARD 3X, HOLD, X2

25	LF	Step forward
26	RF	Step forward
27	LF	Step forward
28	LF	Hold
29	RF	Step forward
30	LF	Step forward
31	RF	Step forward
32	RF	Hold

Follower

MAMBO STEP, HOLD, ROCK STEP, ½ PIVOT TURN R, HOLD

17	RF	Step forward
18	LF	Recover weight
19	RF	Step backwards
20	RF	Hold
21	LF	Step backwards
22	RF	Recover weight
23	LF	½ Turn R, step backwards (06:00)
24	LF	Hold

STEP 3X, HOLD, ½ STEP TURN, ½ STEP TURN, STEP, HOLD

25	RF	Step backwards
26	LF	Step backwards
27	RF	Step backwards
28	RF	Hold
29	LF	Step backwards
30	RF	½ Turn R, step forward (12:00)
31	LF	½ Turn R, step backwards (6.00)
32	LF	Hold

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Leader

FORWARD 3X, HOLD X2

33	LF	Step forward
34	RF	Step forward
35	LF	Step forward
36	LF	Hold
37	RF	Step forward
38	LF	Step forward
39	RF	Step forward
40	RF	Hold

MAMBO STEP, HOLD, BACKWARDS, ROCK STEP, TOUCH

41	LF	Step forward
42	RF	Recover weight
43	LF	Step backwards
44	LF	Hold
45	RF	Step backwards
46	LF	Step backwards
47	RF	Recover weight
48	LF	Touch together

Follower

STEP 3X, HOLD, 1/2 STEP TURN, 1/2 STEP TURN, STEP, HOLD

33	RF	Step backwards
34	LF	Step backwards
35	RF	Step backwards
36	RF	Hold
37	LF	1/2 Turn L, step forward (12:00)
38	RF	1/2 Turn L, step backwards (06:00)
39	LF	Step backwards
40	LF	Hold

MAMBO STEP, HOLD, STEP, 1/2 STEP TURN, RECOVER, TOUCH

41	RF	Step backwards
42	LF	Recover weight
43	RF	Step forward
44	RF	Hold
45	LF	Step diagonally L forward
46	RF	1/2 Turn L, step backwards (12:00)
47	LF	Recover weight
48	RF	Touch together

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Leader

GRAPEVINE, TOUCH, GRAPEVINE TO OLOD, TOUCH

49 LF Step L
50 RF Cross behind
51 LF Step L
52 RF Touch together
53 RF Step R
54 LF Cross behind
55 RF Step R
56 LF Touch together

GRAPEVINE TO ILOD, TOUCH, ¼ TURN R, TOUCH 2X

57 LF Step L
58 RF Cross behind
59 LF Step L
60 RF Touch together
61 RF ¼ Turn R, step forward (03:00)
62 LF Touch together
63 LF ¼ Turn R, step backwards (06:00)
64 RF Touch together

Follower

ROLING VINE, TOUCH, X2

49 RF ¼ Turn R, step forward (03:00)
50 LF ½ Turn R, step backwards (09:00)
51 RF ¼ Turn R, step R (12:00)
52 RF Touch together
53 LF ¼ Turn L, step forward (09:00)
54 RF ½ Turn L, step backwards (03:00)
55 LF ¼ Turn L, step L (12:00)
56 RF Touch together

ROLING VINE, TOUCH, ¼ TURN L, TOUCH X2

57 RF ¼ Turn R, step forward (03:00)
58 LF ½ Turn R, step backwards (09:00)
59 RF ¼ Turn R, step R (12:00)
60 RF Touch together
61 LF ¼ Turn L, step forward (09:00)
62 RF Touch together
63 RF ¼ Turn L, step backwards (06:00)
64 LF Touch together

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