

Rhythm Inside

Amélie Jammart

Type : 32 Count, 4 Wall, Clockwise
Level : Modern Line Dance Division Basic, Dance B
Music : "Rhythm Inside" by Loic Nottet (BPM 91)
TAG : Wall 4, after 12 counts, 4 count TAG

**FORWARD 2X, SIDE 2X, HEEL
BOUNCE, ROCK STEP TOUCH,
HIP ROLL, TOUCH**

1 RF Step forward
2 LF Step forward
& RF Step R
3 LF Step L
& BF Lift heels, bend knees
4 BF Drop heels, straighten knees
5 RF Cross behind
& LF Recover weight
6 RF Touch R, hip bump R
7 RF Step R,
Hip roll L, backwards, R
8 LF Touch L, hip bump L

**LOCK STEP 2X, STEP TOUCH,
¾ TURN R, SWEEP FORWARD**

9 LF Step backwards
& RF Cross over
10 LF Step backwards
11 RF Step backwards
& LF Cross over
12 RF Step backwards
& LF Step backwards
13 RF Touch forward
14 RF Step forward, start ¾ turn R
15 RF Go on with ¾ turn R
16 RF Finish ¾ turn R
LF Sweep forward (9.00)

**SYNCOPATED WEAVE, SLIDE, SAILOR
STEP ¼ TURN L**

17 LF Cross over
18 RF Step R
19 LF Cross behind
& RF Step R
20 LF Cross over
21 RF Start slide R
22 RF Finish slide R
23 LF Cross behind
& RF ¼ Turn L, step together (6.00)
24 LF Step forward

**FORWARD 2X, OUT 2X, TOGETHER
CROSS, HEEL BOUNCE 2X, ¾ TURN R**

25 RF Step forward
26 LF Step forward
& RF Step R
27 LF Step L
& RF Step together
28 LF Cross over
29 BF Heel bounce
30 BF Heel bounce
31 LF Start ¾ turn R
32 LF Finish ¾ turn R (3.00)

**TAG (9.00): Wall 4 after 12 counts
ROCK STEP, FORWARD, TOUCH**

1 LF Step backwards
2 RF Recover weight
3 LF Step forward
4 RF Touch together
Restart