

Official WCDF competition dance description 2016

All Shook Up

Evelyn Richter

Type : Part A 48 Counts, Part B 32 Counts, 4 Walls, Counter Clockwise, Novelty
 Level : Classic Line Dance Novice F
 Music : "All Shook Up" by Billy Joel (BPM 151)
 Sequence : A, A, B, A, B, A, B

Part A (1st 12.00, 2nd 9.00, 3rd 3.00, 4th 9.00)

KICK BALL CHANGE, CHASSE, KICK

2X, SAILOR STEP

1 RF Kick backwards
 & RF Step together
 2 LF Step in place
 3 RF Step R
 & LF Step together
 4 RF Step R
 5 LF Kick diagonally R forward
 6 LF Kick L
 7 LF Cross behind
 & RF Step R
 8 LF Step L

HOLD, ROCK STEP, CHASSE, ¼ TURN

L CHASSE, TOUCH, ½ TURN R

9 LF Hold
 & RF Step backwards
 10 LF Recover weight
 11 RF Step R
 & LF Step together
 12 RF Step R
 13 LF ¼ Turn R, step L (3.00)
 & RF Step together
 14 LF Step L
 15 RF Touch R behind
 16 RF ½ turn R, step forward (9.00)

STEP LOCK 2X, SHUFFLE 2X

17 LF Step diagonally L forward
 18 RF Cross behind
 19 LF Step diagonally L forward
 20 RF Cross behind

21 LF 1/8 Turn L, step forward (7.30)

& RF Step together

22 LF Step forward

23 RF ¼ Turn R, step forward (10.30)

& LF Step together

24 RF Step forward

OUT OUT, POSE, HOLD, SWIVEL 4X

25 LF 1/8 Turn L, step L (9.00)

26 RF Step R

27 LF Recover weight

Turn R knee in

28 Hold

29 RF Swivel heel L

30 RF Swivel toes L

31 RF Swivel heel L

32 RF Swivel toes L (together)

KICK 2X, COASTER STEP,

½ STEP TURN R, SHUFFLE STEP

33 RF Kick diagonally L forward

34 RF Kick R

35 RF Step backwards

& LF Step together

36 RF Step forward

37 LF Step forward

38 RF ½ turn R, step forward (3.00)

39 LF Step forward

& RF Step together

40 LF Step forward

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¼ STEP TURN L 2X, JUMP, KNEE ROLL 3X, JUMP

41	RF	Step forward
42	LF	¼ turn L, step L (12.00)
43	RF	Step forward
44	LF	¼ turn L, step L (9.00)
45	BF	Jump out Roll knees outside
46	BF	Roll knees outside
47	BF	Roll knees outside
48	BF	Jump together

Part B (1st 6.00, 2nd 12.00, 3rd 6.00)

TOUCH 2X, TRAVELLING SWIVEL 4X

1	RF	Touch forward
2	RF	Step R
3	LF	Touch forward
4	LF	Step L
5	RF	Step diagonally R forward
6	LF	Step diagonally L forward
7	RF	Step diagonally R forward
8	LF	Step diagonally L forward

FORWARD, HOLD, ½ TURNL, HOLD, BOOGIE WALK 4X

9	RF	Step forward
10	RF	Hold
11	LF	½ turn L, step forward (12.00)
12	LF	Hold
13	RF	Step forward, roll knee R
14	LF	Step forward, roll knee L
15	RF	Step forward, roll knee R
16	LF	Step forward, roll knee L

BRUSH 2X, KICK 2X, SHUFFLE STEP, ¼ STEP TURN R

17	RF	Brush from R to L
18	RF	Brush from L to R
19	RF	Kick forward
20	RF	Kick backwards
21	RF	Step forward
&	LF	Step together
22	RF	Step forward
23	LF	Step forward
24	RF	¼ turn R, step R (3.00)

BRUSH 2X, KICK 2X, FORWARD, TOUCH, HOLD

25	LF	Brush from L to R
26	LF	Brush from R to L
27	LF	Kick forward
28	LF	Kick backwards
29	LF	Start big step forward
30	LF	Finish big step forward
31	RF	Touch together
32	RF	Hold