

Official WCDF competition dance description 2016

Down On My Knees

Simone Nielsen

Type : 32 Count, 4 Wall, Clockwise Cuban (ChaCha)
Level : Classic Line Dance Intermediate D
Music : "Down On My Knees" by Bobby Bazini (BPM 109 Pitch Down)

SIDE, ROCK STEP, LOCK STEP, ROCK STEP 3X, SWEEP

1	RF	Step R
2	LF	Step backwards
3	RF	Recover weight
4	LF	Step forward
&	RF	Cross behind
5	LF	Step forward
6	RF	Step forward
&	LF	Recover weight
7	RF	Step R
&	LF	Recover weight
8	RF	Step forward
9	LF	Recover weight
	RF	Sweep backwards

SAILOR STEP, HOLD, TOGETHER, 1/8 TURN L, FORWARD, LOCK STEP, ROCK STEP

10	RF	Cross behind
&	LF	Step L
11	RF	Step R
12		Hold
&	LF	Step together
13	RF	1/8 Turn L, step forward (10.30)
14	LF	Step forward
&	RF	Cross behind
15	LF	Step forward
16	RF	Step forward
17	LF	Recover weight

1/2 TURN R, FULL TRIPPLE TURN L, FORWARD, LOCK, LOCK STEP, 1/2 STEP TURN L

18	RF	1/2 Turn R, step forward (4.30)
&	LF	Full turn R, step together (4.30)
19	RF	Step forward
20	LF	Step forward
21	RF	Cross behind
22	LF	Step forward
&	RF	Cross behind
23	LF	Step forward
24	RF	Step forward
25	LF	1/2 Turn L, step forward (10.30)

1/8 TURN L, FORWARD, 1/2 STEP TURN L FLICK, FORWARD, FULL SPIRAL L, SWEEP, SAILOR STEP, ROCK STEP

26	RF	1/8 Turn L, step forward (9.00)
27	LF	1/2 Turn L, step forward (3.00)
	RF	Flick backwards
28	RF	Step forward
&	RF	Full spiral turn L
29	LF	Sweep backwards
30	LF	Cross behind
&	RF	Step R
31	LF	Step L
32	RF	Cross over
&	LF	Recover weight