

Cowboy Two Step

Dorsey Napier

Type: 64 Count, Two Step Partner dance
Level: All levels
Music: "Cowboy Up" by Joni Harms
Starting Position: In Reverse presentation, with your back to LOD.
Holding followers right hand with leaders left.
*=explanation arm-lead. For more arm connections please also refer to the video

Leader Steps:

START IN REVERSE PRESENTATION, GOING IN TO CLOSE PROMENADE

Q 1 LF ½ turn L step forward (end up in close promenade)
Q 2 RF Step next to L
S 3-4 LF Step forward
S 5-6 RF Step forward

LEAD INSIDE TURN TO REVERSE PRESENTATION

Q 1 LF Step forward
Q 2 RF ¼ turn right step down
S 3-4 LF ¼ turn right step down
S 5-6 RF Step back

*Both end with their back to Line Of Dance.

FACING MOVE

1 Q LF ¼ turn left step to side (pick up partners R hand)
2 Q RF Step together
3-4 S LF Step to side
5-6 S RF ¼ turn left step forward (release partners L hand)

FREE TURN-TURN TOWARD YOUR PARTNER.

INSIDE TURN

Q 1 LF ½ turn R step back
Q 2 RF ½ turn R step forward
S 3-4 LF ½ turn R step back
S 5-6 RF Step back (pick up partners R hand with your L)

FACING MOVE

Q 1 LF ¼ turn left step to side (pick up partners R hand)
Q 2 RF Step together
S 3-4 LF Step to side
S 5-6 RF ¼ turn left step forward (release partners L hand)

ROCK BACK, SET THE LADY TO FREE TURN TO PATTY-CAKE

Q 1 LF Rock back (lead partner in a free turn, release R hand)
Q 2 RF Recover
S 3-4 LF Step slightly forward
S 5-6 RF Step slightly forward (Patty cake, R hand palm to partners right hand palm, present L hand under R to a cross hand hold)

Follower Steps:

START IN REVERSE PRESENTATION, GOING IN TO CLOSE PROMENADE

Q 1 RF ½ turn R step forward (end up in close promenade)
Q 2 LF Step next to R
S 3-4 RF Step forward
S 5-6 LF Step forward

INSIDE TURN TO REVERSE PRESENTATION,

FOLLOWER MAKE 1 ½ TURN

Q 1 RF ¼ turn left step forward
Q 2 LF ½ turn left step down
S 3-4 RF ¼ turn right step down
S 5-6 LF Step back

FACING MOVE

Q 1 RF ¼ turn right step to side
Q 2 LF Step together
S 3-4 RF Step to side
S 5-6 LF ¼ turn right step forward

FREE TURN-TURN TOWARD YOUR PARTNER.

INSIDE TURN

Q 1 RF ½ turn L step back
Q 2 LF ½ turn L step forward
S 3-4 RF ½ turn L step back
S 5-6 LF Step back

FACING MOVE

Q 1 RF ¼ turn right Step to side
Q 2 LF Step together
S 3-4 RF Step to side
S 5-6 LF ¼ turn right step forward

FREE TURN ON SPOT, INSIDE TURN

Q 1 RF ½ turn left Step back
Q 2 LF ½ turn left step forward
S 3-4 RF ½ turn left Step back
S 5-6 LF Step in place (Patty cake, right hand palm to leaders right hand palm)

Leader Steps:

CROSS HAND, TURNING PARTNER 1 ½ OUTSIDE TURN, TO A POP-UP

Q 1 LF Step in place, Cross hand hold, start turning the partner in an outside turn 1 ½ turn R
Q 2 RF Step in place continue turning partner.
S 3-4 LF ¼ turn to L, step slightly to side, while lifting partners left arm over your head, your left hand rest on your left shoulder, at the same time lifting your R arm over partners head holding her R hand to rest on partner
S 5-6 RF Step next to L

2XWALKS, START CHANGING ARMS TO BASIC PROMENADE HOLD

S 1-2 LF Walk forward
S 3-4 RF Walk forward
*To basic promenade, Release right hand. Pick up partners R hand with your L to a promenade position

TURNING BASICS, MOVE AHEAD AND ACROSS PARTNER

Q 1 LF Step forward, start move ahead of the partner
Q 2 RF Move ahead of the partner, 1/8 turn R
S 3-4 LF 1/8 turn R step forward
S 5-6 RF ¼ turn R step forward

LEAD OUTSIDE TURN, SHOULDER CATCH

Q 1 LF 1/8 turn R step in place (lift up left arm)
Q 2 RF 1/8 turn R stepping next to R (lead partner under your L arm)
S 3-4 LF Step forward (continue turning partner)
S 5-6 RF ¼ turn R Step slightly forward (catch partners L shoulder with your R hand, keep L arm up)
*Lead an outside turn, catch the partners left shoulder with your right hand stopping her, you should be behind and a little to the left of the partner.

LEAD INSIDE TURN TO REVERSE PRESENTATIONS

Q 1 LF Step slightly forward (L arm still up, start partner in rotation with you R hand)
Q 2 RF ¼ turn R step together
S 3-4 LF ¼ turn R step back (start take down L arm)
S 5-6 RF Step back (end with back to LOD, arms holding partners R hand with your L hand)
*Lead the partner to a inside turn, both ends in reverse presentation, back to Line Of Dance.

Follower Steps:

1 ½ OUTSIDE TURN TO R, TO A POP-UP

Q 1 RF ½ turn R step in place
Q 2 LF ¾ turn R stepping next to R
S 3-4 RF ¼ turn R step in place
S 5-6 LF Step to side

2XWALKS

S 1-2 RF Walk forward
S 3-4 LF Walk forward

BASIC PROMENADE FORWARD

Q 1 RF Step forward
Q 2 LF Step forward
S 3-4 RF 1/8 turn R Step forward
S 5-6 LF 1/8 turn R Step slightly to side

OUTSIDE TURN

Q 1 RF ½ turn R step in place
Q 2 LF ¾ turn R stepping next to R
S 3-4 RF ¼ turn R step in place
S 5-6 LF Step to side

INSIDE TURN TO REVERSE PRESENTATIONS

Q 1 RF 1/4 turn R step in place
Q 2 LF ¾ turn R stepping next to R
S 3-4 RF ¼ turn R step in place
S 5-6 LF Step back