

\*\*\*Official WCDF competition dance description 2013\*\*\*

# Land of a Thousand Dances

Roy Verdonk & Wil Bos

Type : 1 Wall Phrased, A-64 counts, B-56 counts, Novelty  
Level : Novice  
Music : "Land of a Thousand Dances" by Jessica Mauboy (BPM 178)  
Sequence: A,B,A,B,A,A,A32

## **PART A**

### **TOE STRUTS X4**

1 RF step forward on toe  
2 RF press heel down  
3 LF step forward on toe  
4 LF press heel down  
5 RF step forward on toe  
6 RF press heel down  
7 LF step forward on toe  
8 LF press heel down

### **HIP BUMP HOLD X4**

9 RF step side right, bump hip side right  
10 RF hold  
11 LF take weight, bump hip side left  
12 LF hold  
13 RF take weight, bump hip side right  
14 RF hold  
15 LF take weight, bump hip side left  
16 LF hold

### **TWIST X3, CLAP, OUT, OUT, HOLD X2**

17 BF twist both heels right  
18 BF twist both toes right  
19 BF twist both heels right  
20 LF clap  
21 RF step side right  
22 LF step side left  
23 LF hold  
24 LF hold

### **TOE STRUTS BACK X2, WALK BACK X3, CLOSE**

25 RF step back on toe  
26 RF press heel down  
27 LF step back on toe  
28 LF press heel down  
29 RF step back  
30 LF step back  
31 RF step back  
32 LF step next to right

### **OUT HOLD X2, HIP BUMP HOLD X2**

33 RF step slightly forward out to side  
34 RF hold  
35 LF step out to side  
36 LF hold  
37 RF bump hip side right  
38 LF bump hip side left  
39 LF hold  
40 LF hold

### **HIP BUMP X2, HIP ROLL**

41 RF bump hip side right  
42 RF bump hip side right  
43 LF start hip roll to left  
44-48 continue full hip roll counter-clockwise, weight ends on LF

### **SIDE, TOGETHER, SIDE, TOUCH, SIDE, TOGETHER, SIDE, HOLD**

49 RF step side right  
50 LF step next to RF  
51 RF step side right  
52 LF touch next to RF  
53 LF step side left  
54 RF step next to LF  
55 LF step side left  
56 LF hold

### **WALK IN CIRCLE TO LEFT**

57 RF ¼ turn left step forward (09.00)  
58 RF hold  
59 LF ¼ turn left step forward (06.00)  
60 LF hold  
61 RF ¼ turn left step forward (03.00)  
62 RF hold  
63 LF ¼ turn left step forward (12.00)  
64 LF hold

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## **PART B**

### **STEP LOCK STEP SCUFF X2**

1 RF step forward  
2 LF lock behind RF  
3 RF step forward  
4 LF scuff forward  
5 LF step forward  
6 RF lock behind LF  
7 LF step forward  
8 RF scuff forward

### **STEP HOLD 1/2 TURN HOLD X2**

9 RF step forward  
10 RF hold  
11 LF ½ turn left (6.00)  
12 LF hold  
13 RF step forward  
14 RF hold  
15 LF ½ turn left (12.00)  
16 LF hold

### **SIDE, BEHIND, ¼ TURN, STEP, ½ TURN, ¼ TURN SIDE, BEHIND, SIDE**

17 RF step side right  
18 LF cross behind RF  
19 RF ¼ turn right step forward (03.00)  
20 LF step forward  
21 RF ½ turn right (09.00)  
22 LF ¼ turn right step side left (12.00)  
23 RF cross behind LF  
24 LF step side left

### **TOE STRUT JAZZ BOX ½ TURN RIGHT**

25 RF cross step on toe in front of LF  
26 RF press heel down  
27 LF ¼ turn right step back on toe (03.00)  
28 LF press heel down  
29 RF step side right on toe  
30 RF press heel down  
31 LF ¼ turn right step forward on toe (06.00)  
32 LF press heel down

### **STEP HOLD 1/2 TURN HOLD X2**

33 RF step forward  
34 RF hold  
35 LF ½ turn left (12.00)  
36 LF hold  
37 RF step forward  
38 RF hold  
39 LF ½ turn left (6.00)  
40 LF hold

### **SIDE, BEHIND, ¼ TURN, STEP, ½ TURN, ¼ TURN SIDE, BEHIND, STEP**

41 RF step side right  
42 LF cross behind RF  
43 RF ¼ turn right step forward (09.00)  
44 LF step forward  
45 RF ½ turn right (03.00)  
46 LF ¼ turn right step side left (12.00)  
47 RF cross behind LF  
48 LF step side left

### **TOE STRUT JAZZ BOX ½ TURN RIGHT**

49 RF cross step on toe in front of LF  
50 RF press heel down  
51 LF ¼ turn right step back on toe (09.00)  
52 LF press heel down  
53 RF step side right on toe  
54 RF press heel down  
55 LF ¼ turn right step forward on toe (12.00)  
56 LF press heel down