

Official WCDF competition dance description 2013

Listen To Me

Melissa Geveling

Type : 100 Count, 1 Wall Line Dance, Cuban (Rumba)
 Level : Advanced
 Music : "Oyeme" by Monica Naranjo (BPM 96)
 Special Edit-contact the WCDF Music Board

**FLICK BACKWARDS, BASIC STEP FORWARD,
 BASIC STEP BACKWARDS**

1 LF flick backwards
 2 LF rock forward
 3 RF recover weight
 4 LF step backwards
 5 hold
 6 RF rock backwards
 7 LF recover weight
 8 RF step forward

BASIC LEFT WITH ½ TURN R, BASIC RIGHT

9 hold
 10 LF rock left
 11 RF recover weight
 12 LF ½ turn R, step together (6.00)
 13 hold
 14 RF rock right
 15 LF recover weight
 16 RF step together

**FORWARD 3X, RONDE WITH ¼ L, PUSH STEP,
 STEP TOGETHER**

17 hold
 18 LF step forward
 19 RF step forward
 20 LF step forward, ¼ turn L,
 RF sweep forward (3.00)
 21 RF push step forward on ball
 22 RF hold
 23 LF recover weight
 24 RF step together

**FORWARD, TOUCH WITH ¼ L, FORWARD,
 TOUCH, CHAINE 2X, STEP LEFT**

25 hold
 26 LF step forward
 27 RF touch together, ¼ turn L (12.00)
 28 RF step forward
 29 LF touch together

30 LF ¼ turn L, step forward (9.00)
 & RF ¾ turn L, step together (12.00)
 31 LF ¼ turn L, step forward (9.00)
 & RF ¾ turn L, step together (12.00)
 32 LF step left

DIAGONAL CROSS, SIDE CROSS 2X

33 hold
 34 RF 1/8 turn R, step forward (10.30)
 35 LF 1/8 turn R, step left (12.00)
 36 RF 1/8 turn R, step backwards (1.30)
 37 hold
 38 LF step backwards
 39 RF 1/8 turn R, step right (3.00)
 40 LF 1/8 turn R, step forward (4.30)

**FORWARD, SIDE, SPIRAL ½ L, PREP, 1 ½ L
 WITH EXTENDED LEG, TOGETHER**

41 hold
 42 RF step forward
 43 LF 1/8 turn R, step left, ½ spiral turn R
 (12.00)
 44 RF step forward
 45 RF ½ turn L (6.00)
 46 LF lift forward while making extra full
 turn
 47 finish 1½ turn (6.00)
 48 LF step backwards

**HEAD, HIP ROLL, PUSH STEP,
 BASIC WITH ½ L**

49 look at 12.00
 50 RF step forward on ball
 51 hip roll right
 52 LF recover weight
 53 hold
 54 RF rock backwards
 55 LF recover weight
 56 RF ½ turn L, step backwards (12.00)

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BASIC WITH HIP ROLL, CHAINE TURN R

57 hold
58 LF rock backwards
59 RF recover weight
60 LF 1/8 turn R, step together,
hip roll left (1.30)
61 finish hip roll
62 RF 1/8 turn R, step forward (3.00)
63 LF 1/2 turn R, step together (9.00)
64 RF 1/4 turn R, step right (12.00)

HOLD, CROSS, BACKWARDS, FORWARD, STEP RIGHT, STEP TOGETHER, POSE (WITH MOVEMENT)

65 hold
66 LF 1/8 turn R, step forward (10.30)
& RF 3/8 turn L, step backwards (9.00)
67 LF 1/2 turn L, step forward (3.00)
68 RF 1/4 turn R, step right (12.00)
69 LF step together
70 } make your pose
71 } you can move in that pose
72 } but don't step

1/4 L, ROCK STEP, SPIRAL R, FORWARD 3X

73 LF 1/4 turn L (9.00)
74 RF rock right
75 LF recover weight
76 LF full spiral turn R (9.00)
77 finish full spiral turn
78 RF step forward
79 LF step forward
80 RF step forward

ROCK STEP, 3/4 SPIRAL L, FORWARD 3X

81 hold
82 LF rock left
83 RF recover weight
84 RF 3/4 spiral turn L
85 finish 3/4 spiral turn (12.00)
86 LF step forward
87 RF step forward
88 LF step forward

1/2 PADDLE, FULL PIROUETTE. POINT L, FLICK WITH 1/4 L, TOGETHER WITH 1/4 L

89 hold
90 RF 1/2 turn R, step forward (6.00)
91 RF full pirouette R
92 LF point left
93 hold
94 LF 1/4 turn L, flick in front of R shin
(3.00)
95 LF step forward
96 RF 1/4 turn L, step together (12.00)

ARCH, USE HEAD & ARMS, ON L KNEE

97 LF knee on floor
98 BA } backwards, up
99 BA } (arch with head backwards)
100 RF come up

Alternate for counts 96 till 100

TOUCH FORWARD, ARCH, USE HEAD & ARMS

96 RF 1/4 turn L, touch together (12.00)
97 RF touch forward
98 BA } backwards, up
99 BA } (arch with head backwards)
100 RF step forward