

Official WCDF competition dance description 2009

Temptation

Update: 03 June 2009

Melissa Geveling

Type : 136 Count, 1 Wall ABC, Lilt (Samba)
Level : Stardivision
Music : "Temptation" by Arash ft Rebecca
Sequence : I ABBC ABC ABDC O (I=16, A=48, B=16, C=16, D=32, O=8)

Part I start 9.00

HOLD, FORWARD ROCK STEP 3X

1 hold
2 hold
3 LF step forward
a RF rock backward
4 LF place weight back
5 RF step forward
a LF rock backward
6 RF place weight back
7 LF step forward
a RF rock backward
8 LF place weight back

CROSS ROCK STEP 3X, FLICK

9 ¼ turn r RF cross over
a LF step left
10 RF touch 1.30
a RF step together
11 LF cross over
a RF step right
12 LF touch 10.30
a LF step together
13 RF cross over
a LF step left
14 RF touch 1.30
a RF step together
15 LF step forward
& RF kick 10.30
16 RF flick backward 4.30

Part A

CROSS HOLD, TURNS

1 RF cross over
2 hold
3 ½ turn I, LF step in place 6.00

a RF cross behind on ball
4 ½ turn I, LF step in place 12.00
a RF cross behind on ball
5 ½ turn I, LF step in place 6.00
a RF cross behind on ball
6 ½ turn I, LF step in place 12.00
a RF cross behind on ball
7 ½ turn I, LF step in place 6.00
a RF cross behind on ball
8 ¼ turn I, LF step in place 3.00

WALK 2X, SAMBA STEP, CROSS 2X, SLIDE

9 RF step forward
10 LF step forward
11 RF step forward
a LF step together
12 RF weight change
a LF ronde backward, 1/8 turn I 1.30
13 LF cross behind
& RF step right
14 LF cross over
& 1/8 turn I, RF step together
15 LF step left, flat back, RH on right leg
16 hold

CROSS 2X, SAMBA STEP, CROSS 3X

17 RF cross behind
& LF step left
18 RF cross over
19 LF step left
a RF cross behind
20 LF weight change
a 1/8 turn I face 10.30, RF step right 1.30
21 LF cross over
22 hold

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a RF step right
23 LF cross over
a RF step right
24 LF cross over

HITCH, BODY ROLL, SPIN TURNS

25 RF hitch, 1 1/8 turn r face 12.00
& RF step together
26 LF point left
27 body roll backward
& RF step together
28 LF point left
29 1/4 turn l, LF step forward
& full turn l, RF step together
30 LF step forward
& full turn l, RF step together
31 LF step forward
& 3/4 turn l, RF step together
32 LF step left face 12.00

BACHUCADA'S

33 RF push forward
& LF place weight back
a RF cross behind
34 LF push forward
& RF place weight back
a LF cross behind
35 RF push forward
& LF place weight back
a RF cross behind
36 LF push forward
& RF place weight back
a LF cross behind, 1/4 turn l, face 9.00
37 RF push forward
& LF place weight back
a RF cross behind

38 LF push forward
& RF place weight back
a LF cross behind
39 RF push forward
& LF place weight back
a RF cross behind
40 LF push forward
& RF place weight back
a LF cross behind, 1/4 turn l face 6.00

BACHUCADA'S, PIROUETTE, SHAKE

41 RF push forward
& LF place weight back
a RF cross behind
42 LF push forward
& RF place weight back
a LF cross behind
43 RF push forward
& LF place weight back
a RF cross behind
44 1/2 turn r, face 12.00
45 1/2 turn l, LF step forward 6.00
46 1 1/2 turn l, RF hitch
& RF step backward in 3rd position
47 LF point forward, bend left knee
48 shake your shoulders

Part B

CROSS 2X, CROSS 2X, ROCK STEP 2X

1 LF cross over
a RF step right
2 LF cross behind
a RF ronde backward
3 RF cross behind
a LF step left
4 RF cross over
5 LF step forward

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a RF place weight back, ½ turn l
6 LF step forward
7 RF step forward
& LF place weight back
8 RF step together, push hips up

CROSS TOUCH, CROSS TOGETHER, SAMBA CHASSE 2X

9 LF step forward
a ¼ turn l, RF step right
10 LF touch left 1.30
a LF step together
11 RF cross over
& LF step left
12 RF step together
13 LF step forward, right hip open 3.00
& RF step together, left hip open
14 LF step forward, right hip open
15 RF step forward, left hip open
& LF step together, right hip open
16 RF step forward, left hip open

When you dance B twice, turn ¼ left (face 12.00)
before you start again!

PART C

SAMBA ROLLS

1 ¼ turn l } upper body rolls
2 + LF step } from left forward,
3 together } side, backward, to right
4 on count 1 } backward, side, forward
5 ¼ turn l, LF step forward
6 ¼ turn l, RF step side
& ¼ turn l, LF cross over
7 RF step backward
8 ¼ turn l, LF touch next to RF

SAMBA ROLL, FOUETTE, SPIN TURN

9 ¼ turn l, LF step forward

10 ¼ turn l, RF step side
& ¼ turn l, LF cross over
11 RF step backward
12 ¼ turn left, LF step left
13 full turn r, RF hitch
14 RF ronde de l'air
15 RF cross behind
16 2 full turns r
& LF step left
Count 5-8 and 9-12 add count 1-4 (rolls)

Part D

CROSS TOUCH, DOUBLE PIROUETTE 2X, TOUCH

1 ¼ turn l, LF cross over
2 RF touch right
3 full turn r, RF hitch
4 full turn r, RF hitch
& RF step together
5 LF touch left
6 full turn l, LF hitch
7 full turn l, LF hitch
& LF step together
8 RF touch right

CROSS ROCK STEP 3X, OUT 2X, HIP ROLL, HIP ROLL DOWN UP

9 RF cross over
a LF step left
10 RF place weight back
a LF cross over
11 RF step right
a LF place weight back
12 RF cross over
& LF step backward 4.30
13 RF step right 1.30
14 hiproll from left to right
15 } bend your knees start hiproll
16 } from left to right, straighten up

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PUSH 2X, CROSS TOUCH, HIP ROLL

UP, BODY ROLL

17 push u.b. forward
18 push u.b. forward
19 RF cross over 10.30
a 1/8 turn r, LF step left
20 RF touch right
a RF step forward 1.30
21 LF step together on releve, start
22 hip roll from high left to low right
23 shake your pelvis
& shake your pelvis
24 come up in a body roll, still 1.30

CROSS SIDE BACK HITCH, CROSS SIDE CROSS 2X

25 LF cross over
a 1/4 turn l, RF step right, face 10.30
26 LF step backward
a RF hitch
27 RF step back
a 1/4 turn l, LF step left
28 1/4 turn l, RF step forward face 4.30
29 1/8 turn l, LF cross over
a 1/8 turn l, RF step right
30 1/4 turn l, LF step backward
a RF hitch
31 RF step back
a 1/4 turn l, LF step left
32 3/8 turn l, RF step forward face 3.00

PART O

CROSS HOLD, CROSS TOUCH, SPIN TURNS, END POSE

1 RF cross over
2 hold
3 1/2 turn l, LF step forward

a 1/4 turn l, RF step right
4 LF touch left
5 1/4 turn l, LF step forward
& full turn l, RF step together
6 LF step forward
& full turn l, RF step together
7 LF step forward
& full turn l, RF step together
8 end pose

For example you can make a split with your left leg forward.