### PAGE 1 \*\*\*Official WCDF competition dance description 2009\*\*\*

# RIDE 2 YA

Roy Hadisubroto

Type : 32 count, 4 wall, Funky

Level : Advanced

: "Ride For You" by Danity Kane (BPM 72) Music

## KNEE POPS FORWARD, BEND KNEE, ARM MOVEMENTS, STRAIGHTEN KNEE, HEEL PUSH, STEP, TOGETHER, STEP BACKWARDS WITH ARM MOVEMENTS, HEEL PUSH Start in open 2<sup>nd</sup> position, both feet are apart.

- Pop both knees forward
- 2 right arm diagonally in front of body, hand is in front of left shoulder in a fist
- hold, right arm is still in position а
- & hold, right arm is still in position
- а bend right knee, right arm is still in position
- 3 straighten fingers of right hand
- bring right hand up at head height next just above а left shoulder
- right fingers are still straighten, hand palm facing &
- bring right arm back diagonally in front of body, а hand in front of left shoulder in a fist
- 4 Straighten right knee
- 5 bend right knee and push right heel forward, weight is on right foot, with both arms down next to body hand palm facing forward. hands are in jazz hands. (fingers of hand are spread open)
- а bring both arms out to hip height, hands are still in iazz hands
- & hold position arms
- step left to left side and push right arm down, with а right hand flexed and hand palm facing down
- 6 close right next to left, weight is on right leg
- step left backwards and upper body is facing 9:00, 7 left arm is diagonally out and down to left side, right arm is crossed in front of body with elbow
- push right arm out towards 9:00 and bend wrist of а right hand, fingers facing down, left hand is straighten and under right elbow
- & upper body facing 12:00, arms are still in position
- bend wrist of left hand and right arm rotates 1/4 to the а right, right fingers are facing to the left
- bring right heel to left side 8
- bring right heel back to centre and rotate right arm а 1/4 back to the left, fingers of right hand are facing
- & hold, both arms are in same position

#### 1/4 TURN LEFT, STEP, LEG SWING, STEP, HEEL TURN 1/4 RIGHT, HEAD MOVEMENT, BEND KNEES, DRAG TURN 1 1/4 RIGHT, BALL CHANGE, TOUCH, STEP, STEP, HEEL **TURN ¼ RIGHT, ARM MOVEMENTS, STEP, STEP**

- turn ¼ to the left (facing 9:00) and step left forward, arms are still in same position, fingers of right hand are straighten
- 1 swing right leg forward with foot flexed, right hand is on top of left elbow
- 2 step right backwards and turn on the heel 1/4 to the right (facing 12:00), bring right arm up just above head. right hand is fisted. left arm is horizontal in front of body
- bring right arm up just above right shoulder, left arm is а still horizontal in front of body
- & hold, both arms are in same position
- pop head to right side, both arms are in same position а
- 3 bend both knees
- 4 turn 11/4 to the left (facing 9:00), top of right foot drags behind left leg while turning, arms are wrapped around waist, right arm is front of body and left arm is behind body
- & step on ball of right next to left
- 5 step left to left side, both arms push next to body with hands flexed
- both arms are to the left side of body, both arms are straighten and parallel next to each other.
- & hold position arms
- а touch right next to left, bring both arms in a circle motion up above head
- 6 step right to right side, bring both arms in a circle motion to the right side of body
- 7 step left forward towards 9:00, right arm is straighten forward, right index finger pointed down
- bend both knees, right arm is straighten and moving а down
- & recover weight to the right, right arm is moving backwards up, both hands are open
- turn 1/2 on both heels (moving towards 3:00), body is а facing 12:00 arms are straight and diagonal, right arm is up and left arm is down, both hands are fisted
- 8 bend both arms as if pulling both arms in.
- step left forward а
- & step right forward

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4

Type : 32 count, 4 wall, Funky

: Advanced Level

Music : "Ride For You" by Danity Kane (BPM 72)

SKATE (2x),	STEP, BACK	<u>(SLIDE, KNEI</u>	E POP, ARI	M MOVEMENT
CHEST POP	, ARM MOVE	MENTS, KNE	E BEND, C	HEST PRESS

	(2x), STEP, BACKSLIDE, KNEE POP, ARM MOVEMENT
	POP, ARM MOVEMENTS, KNEE BEND, CHEST PRESS
1	skate left diagonally forward
&	skate right diagonally forward
2	step on balls of both feet left forward, hit both hands
	forward
a&	hold
а	push with right foot left foot backwards
3	turn ¼ to the left on ball of left and heel of right
	(facing 12:00)
a&	hold
а	turn ½ to the left and step r to right side (facing 6:00)
4	pop both knees forward
a&	hold
а	right arm is crossed in front of body, right index
	finger pointed down
5	left arm is crossed in front of body over the right arm
	left index finger is pointed down
а	right arm is out to right side, right index finger is
	pointed down
&	left arm is out to left side, left index finger is pointed
	down
а	chest popping forward
6	chest back to centre
а	hold
&	right arm is out to right side, right index finger is
	pointed down
а	left arm is crossed in front of body just above right
	arm, left index finger is pointed down
7	right arm is up to right side just above left arm, right
	index finger is pointed down
a&	hold
a	both arms are to right side next to each other, both
	index fingers are pointed down
8	both arms are to left side next to each other, both
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index fingers are pointed down

hold, arms are in same position

same position

bend right leg inwards on ball of right, arms are in

push chest to right side, arms are in same position

#### CHEST PRESS, SWEEP, TURN ¾ L, STEP, DOUBLE PIROUETTE, STEP, STEP, STEP, BEND KNEE, STEP, TAP, OUT, OUT

- push chest to left side, arms are in same position
- 2 Step on right and sweep left backwards, put left hand on left leg
- & turn 3/4 to the left (facing 9:00) and step left forward
- double pirouette to the left on left OPTION: single pirouette
  - step right forward
- step left diagonally backwards and push down with 5 right hand the opposite direction,
- step right diagonally backwards and push down with & left hand the opposite direction
- step left to left side, right arm crossed in front of body and pushing down with right hand
- move right arm in a counter clockwise circle a movement down to the right
- & right arm is straighten next to body, right hand is fisted
- bend both knees, left hand is holding right elbow. a
- straighten both knees and rotate on ball of both feet diagonally to the right (body is facing 10:30) right hand is in front of body, rotating from the inside
  - out to the front right arm is straighten down in front of body, left hand
- is holding the underarm & arms are forward down, left hand is holding right wrist, '
- right hand is a fist
- step left forward, left hand is holding right fist
- tap right forward, left hand is holding right wrist, right 8 hand is a jazz hand
- (facing 9:00) step left to left side arms are next to body
- & step right to right side

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