

Official WCDF competition dance description 2008

Pienso en ti

Johan Eftedal

Type : 64 counts, 2 wall, cuban (rumba)
 Level : Advanced
 Music : "Cuando Pienso En Ti" by Jose Feliciano

ROCK STEP BACKWARDS, STEP FORWARD, HOLD, ROCKSTEP FORWARD, SWEEP, BACKWARDS, FULL TURN LEFT

1	LF	Step to left
2	RF	Rock backwards
3	LF	Recover weight
4	RF	Cross diagonal over LF and step forward.
5		Hold.
6	LF	Rock forward.
7	RF	Recover weight while making a sweep with LF
8	LF	lock behind RF
1		Full turn left

SIDE ROCK, ¼ TURN LEFT, HOLD, WALK, WALK, ½ TURN LEFT, STEP BACKWARDS, HOLD

2	RF	Rock to right
3	LF	Recover weight
4	RF	¼ Turn left, step forward (facing 9:00)
5		Hold
6	LF	Step forward
7	RF	Step forward
a		½ turn left (facing 3:00)
8	LF	Step backwards
1		Hold

WEIGHT CHANGE, FULL SPIRAL TURN, WALK FORWARD, FULL PIROUETTE, STEP BACKWARDS

2	RF	Touch next to LF
&	RF	Take weight
3	LF	Step forward
4		Full spiral turn right
5		Hold
6	RF	Step forward
&	LF	Step forward
7		Full pirouette turn right
8	RF	Step backwards
1		hold

WEIGHT CHANGE, RONDE, CROSS, STEP BACK, ¼ TURN LEFT, STEP OUT, HIP ROLL, ½ TURN RIGHT, TOUCH

2	LF	Step next to RF
&	RF	Step forward.
3	LF	Rondé forward.
4	LF	Cross over RF
&	RF	Step backwards.
5	LF	¼ turn left, step LF left side (facing 12:00)
6		Roll hips right.
7		Roll hips left.
8	RF	¼ turn right, step forward.
&	LF	¼ turn right , step next RF (facing 6:00)

1 RF Touch out, while bending left leg ¾ SPIRALTURN RIGHT, ¾ TURN WITH RONDE, LOCK BACKWARDS, ½ TURN RIGHT, CROSS

2		¾ spiral turn right
3	RF	Step forward
4	LF	Step forward
5		¾ turn right, while doing this make rondé with RF
6	RF	Lock behind LF
&		Full turn right and change weight to LF
7		Change weight to RF and touch LF out
8		Lift Left ankle
1		Hold.

CROSS, FULL TURN RIGHT, SAILOR CROSS, ROCK STEP LEFT, HOLD

2	LF	Cross in front RF
3	RF	Full turn right, while making a rondé
4	RF	End rondé behind LF
&	LF	Step left
5	RF	Cross diagonal over LF
6	LF	rock to left.
7	RF	Recover weight
8	LF	Step next to RF
1		Hold

ROCK STEP RIGHT, HOLD, PRESS STEP, RONDE, ¾ TURN LEFT, HOLD.PRESS STEP, ½ FLICK TURN, HOLD.

2	RF	rock to right
3	LF	Recover weight
4	RF	Step next to LF
5		Hold
6	LF	Press step forward
7	RF	Full weight back while sweeping LF
8	LF	Lock behind RF, while doing this turn ¾ turn left (facing 3:00)
1		Hold

PRESS STEP, ¾ FLICK TURN, TOUCH OUT, ¾ SPIRAL TURN, STEP FORWARD, ¼ TURN LEFT, ½ TURN LEFT

2	RF	Press step forward
3	LF	Full weight back, flick with RF backwards and turn ¾ right
4	RF	Take weight
5	LF	Touch LF out (facing 12:00)
6		¾ spiral turn left
7	LF	Step forward
8	RF	¼ turn left, step right
&		½ turn left
1	LF	Step left