Official WCDF competition dance description 2007

Outta Control

Matt Oakley

Type : 64 Count, 4 Wall Linedance, Funky

Level : Advanced

RF

Music : "Get Busy" Sean Paul (BPM 100) - "Loose Control" Missy Elliot (BPM 125)

TRIPLE WITH ROCK, RECOVER, ROCK, RECOVER, STEP, STEP, CROSS BEHIND, STEP OUT, KNEE POPS & SHOULDER DIPS

step forward

&	LF	step next to RF
2	RF	rock forward
&	LF	recover
3	RF	rock back
&	LF	recover
4	RF	big step forward
а	LF	step side left
5	RF	cross behind LF
6	LF	step side left
7	LF	pop knee in, dip L shoulder forward and down
&		straighten up, pull L shoulder back and up
8	LF	pop knee in, dip L shoulder forward and down

1/2 TURN L, JUMP OUT, PULL IN, SLIDE, REACH, 1/2

TURN L, FLOAT, TOGETHER			
9		keep feet in place, ½ turn left	
10		jump feet apart with knees bent	
11	RF	slide next to LF	
&	RF	slide forward	
12		push L arm up & side left & look left	
13-14	lean b	back slightly & roll slowly, ½ turn left	
15		start roll forward & continue roll	
		out through shoulders & out to	
		fingers	
16	RF	bring next to LF	

STEP, TOUCH ½ TURN L, STEP, TOUCH, JUMPING APPLEJACKS

<u> </u>		<u></u>
17	RF	big step forward diagonally right
18	LF	touch next to RF, ½ turn left
19	LF	big step forward diagonally left
20	RF	touch next to LF
&		applejack jump to R side
21		feet together
&		applejack jump to L side
22		feet together
&		applejack jump to R side
23		feet together
&		applejack jump to R side
24		feet together

JUMPING APPLEJACKS, STATIONARY JUMPS

&	applejack jump to L side
25	feet together
&	applejack jump to R side
26	feet together
&	applejack jump to L side
27	feet together
&	applejack jump to L side
28	feet together, 1/8 turn to left
&	jump on both heels on the left diagonal
	(toesplit)
29	jump feet together
30	jump in place
&	jump on both heels on the left diagonal
	(toesplit)
31	jump feet together
32	jump in place to face 6:00

OUT, OUT, KICK, WALK, WALK, LUNGE, PUSH AND STEP BACK TOLICH SIDE WALKS WITH KNEES

SIEP	BACK.	TOUCH, SIDE WALKS WITH KNEES
33	RF	step side R
&	LF	step side L
34	LF	jump back & RF kick forward
35	RF	step forward
&	LF	step forward
36	RF	semi lunge forward
37	RF	push back , step left foot back
38	RF	touch next to LF
&	RF	lift & sway knees left
39	RF	step side right & sway knees right
&	LF	lift & sway knees left
40	LF	touch next to RF & sway knees right

SYNCOPATED STEP & KNEE LIFTS, SAILOR STEP, ½ TURN R. FULL TURN R

&		reach across body to left with
		R hand
41	LF	step forward, pulling arm back to
		right
42	RF	step next to LF & lift L knee
&	LF	step forward
43	RF	step next to LF & lift L knee
&	LF	step forward
44	RF	step next to LF & lift L knee
45	LF	cross behind RF
&	RF	step diagonal back
46	LF	step to the side
47		½ turn right, RF step in place
48		full turn right, LF step in place

SINGLE FOOT JUMPS X4, LUNGE, HOP, ½ TURN

SIEP	,¼ IUI	RN HOP, HOP
&		jump up off LF & lift R knee
49		land on both feet weight on RF
&		jump up off RF & lift L knee
50		land on both feet weight on LF
&		jump up off LF & lift R knee
51		land on both feet weight on RF
&		jump up off RF & lift L knee
52		land on both feet weight on LF
53	RF	lunge side right
&	LF	recover
54	RF	step next to LF and LF hitch
55	1/4 turr	left, LF step forward
&	1/4 turr	left, LF left hop to the right
56	LF	hop to the right

BALL STEP WITH 1/4 TURN R, TOGETHER, STEP,

TOUC	CH X2,	CROSS BEHIND, FULL TURN R
&	RF	step down on ball of foot, 1/4 turn right
57	LF	step forward
58	RF	touch next to LF
59	RF	step side right
60	LF	touch side left
61	LF	step side left
62	RF	touch side right
63	RF	cross behind LF
&	unwi	nd full turn right lower body
64	unwi	nd full turn right upper body