

\*\*\*Official WCDF competition dance description 2012\*\*\*

# Tragedy Cha

Miquel Menéndez

Type : 32 Count, 4 Wall, Cuban (Cha Cha)  
Level : Intermediate  
Music : "Wonderful Waste Of Time" by Alabama (BPM 117)

Updated 02-02-2012

## SIDE, ROCK, RECOVER, WEAVE, FULL TURN SPIN, LOCK STEP

1 RF step to right  
2 LF rock diagonally forward (1.30)  
& RF recover  
3 LF large step backwards (still facing 1.30)  
4 RF step backwards  
& LF step to left (12.00)  
5 RF cross over LF (10.30)  
6 LF step forward (10.30)  
7 RF full turn left, step together  
8 LF step forward (10.30)  
& RF step behind LF  
9 LF step forward (10.30)

## ROCK, RECOVER, 1/2 TURN L WEAVE, WALK X2, STEP, 5/8 TURN R, 1/4 TURN R

10 RF rock forward  
11 LF recover  
12 RF step backwards  
& LF 1/4 turn left, step to left (7.30)  
13 RF 1/4 turn left, step forward (4.30)  
14 LF step forward  
15 RF step forward  
16 LF step forward  
& RF 5/8 turn right step forward (12.00)  
17 LF 1/4 turn right, step to left (3.00)

## SYNCOPATED ROCK, 1/4 TURN L, HOLD, CROSS, 1 1/8 SPIRAL TURN, CHAINÉ

18 RF rock backwards  
& LF recover  
19 RF 1/4 turn left, step to right  
20 hold  
& LF step behind RF  
21 RF cross over LF (12.00)  
22 start turning 1 1/8 on your RF to left  
23 finish turning and end with your LF crossed over RF (10:30)  
24 LF step forward  
& RF 3/4 turn left, step next to LF (1:30)  
25 LF 1/4 turn left, step forward (10:30)

## PRESS STEP, 3/8 TURN R, SWEEP, SAILOR STEP, STEPS IN PLACE, 1/4 TURN R, SIDE, FLICK, 3/4 TURN RIGHT

26 RF press forward  
27 LF recover, whilst turning 3/8 turn to right sweeping your RF from front to back (3.00)  
28 RF cross behind LF  
& LF step to left  
29 RF step to right  
30 LF step in place next to RF  
& RF step in place next to LF  
31 LF 1/4 turn right, step to left (6.00)  
32 RF flick while you turn 3/4 turn right (3:00)