# *** Official WCDF competition dance description 2011*** Baby Likes To Rock It 

Roy Verdonk and Raymond Sarlemijn

| Type | $:$ ABC Line Dance (A=48 counts, B=64 counts, C=32 counts), Lilt (East Coast Swing) Page 1 |
| :--- | :--- |
| Level | : RisingStar, MegaStar, Jewel, Regal |
| Music | $:$ "Baby likes to rock it" by The Tractors (special edit; please contact the WCDF Music Board) |
| Phrasing | $: A, B, B, A, C, B$ (with last 8 counts own ending) Update 21-04-2011 |


| PART A |  |  |
| :---: | :---: | :---: |
| POSE RIGHT WITH 3 COUNTS HOLD, DROP DOWN |  |  |
| WITH 3 COUNTS HOLD |  |  |
| 1 | RF | Step to right side |
| 2-4 |  | Hold |
| \& |  | Change weight onto LF |
| 5 |  | bend left knee and drop to the Floor with stretched right leg, whilst touching right hand on the floor and looking down |
| 6-8 |  | Hold |
| HEAD UP, COME UP, FULL TURN RIGHT WITH |  |  |
| SWEEP R, SAILOR R/L |  |  |
| 9 |  | Look up sharply |
| 10 |  | Stretch left knee and come up (weight is on LF) |
| 11 |  | Start making full turn R on ball of LF |
| 12 |  | Finishing full turn R, whilst sweeping RF from front to back |
| 13 | RF | Cross behind LF |
| \& | LF | Step to left |
| 14 | RF | Step to right |
| 15 | LF | Cross behind RF |
| \& | RF | Step to right |
|  | LF | Step to left |
| TOE TOUCH WITH HITCH(2X)MAKING FULL TURN |  |  |
| LEFT AND TRAVELLING, FORWARD, |  |  |
| ROCK/RECOVER, SWEEP, WEAVE |  |  |
| 17 | LF | Make $1 / 4$ turn left, whilst touching RF next to LF |
| \& |  | hitch right knee, whilst making 1/4 turn left |
| 18 | RF | Step back |
| 19 | RF | make $1 / 4$ turn left, whilst touching LF next to RF |
| \& |  | hitch left knee, whilst making $1 / 4$ turn left |
| 20 | LF | Step forward |
| 21 | RF | Rock forward |
| 22 | LF | Recover, whilst sweeping RF from front to back |
| 23 | RF | Cross behind LF |
| \& | LF | Step to left |
| 24 | RF | Cross in front of LF |


| SPIN TURN WITH FULL TURN LEFT (2X), CHASSE |  |  |
| :---: | :---: | :---: |
| LEFT, KICK/BALL/CHANGE BACKWARDS |  |  |
| 25 |  | Make $1 / 4$ turn left stepping LF forward ( 9 o'clock) |
| 26 |  | Make $3 / 4$ turn left stepping RF next to LF (12 o'clock) |
| 27 |  | Make $1 / 4$ turn left stepping LF forward ( 9 o'clock) |
| 28 |  | Make $3 / 4$ turn left stepping RF next to LF (12 o'clock) |
| 29 | LF | Step to left |
| \& | RF | Step next to LF |
| 30 | LF | Step to left |
| 31 | RF | Kick backwards |
| \& | RF | Step next to LF |
| 32 | LF | Step in place |
| KICK/BALL/CROSS R(2X), SLIDE R, SAILOR L WITH |  |  |
| 1/2 TURN L |  |  |
| 33 | RF | Kick diagonally right forward |
| \& | RF | Step next to LF |
| 34 | LF | Cross in front of RF |
| 35 | RF | Kick diagonally right forward |
| \& | RF | Step next to LF |
| 36 | LF | Cross in front of RF |
| 37 | RF | Slide to right AEI |
| 38 | LF | Drag next to LF (weight remains on RF) |
| 39 | LF | Cross behind RF, making $1 / 4$ turn L |
|  | RF | Step to right, making $1 / 4$ turn L |
| 40 | LF | Step together (6 o'clock) |

OUT/OUT, IN/IN WITH $1 / 4$ TURN L (2X), OUT/OUT, IN/IN, HEEL BOUNCE S2X

| $\&$ | RF | Step right <br> Step left |
| :--- | :--- | :--- |
| 41 | LF | Step back to center, whilst making $1 / 4$ <br>  |
| RF | turn left ( 3 o'clock) |  |
| 42 | LF | Step together <br> Step to right |
| $\&$ | RF | Step left |
| 43 | LF | Step back to center, whilst making $1 / 4$ <br> $\&$ |
| RF | turn left (12 o'clock) |  |
| 44 | LF | Step together |
| $\&$ | RF | Step to right |
| 45 | LF | Step to left |
| $\&$ | RF | Step back to center |
| 46 | LF | Step next to RF |
| 47 | BF | Heel bounce and pop both knees up |
| 48 | BF | Heel bounce and pop both knees up |

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| :--- | :--- |
| Level | : RisingStar, MegaStar, Jewel, Regal |
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| Phrasing | $: A, B, B, A, C, B$ (with last 8 counts own ending) |


| PART B |  |  | \& | LF | Step to left |
| :---: | :---: | :---: | :---: | :---: | :---: |
| KICKS MOVING BACKWARDS |  |  | 30 | RF | Cross in front of LF |
| 1 | RF | Kick left diagonal | \& | LF | Step to left |
| 2 | RF | Kick right diagonal | 31 | RF | Cross behind LF |
| \& | RF | Step backwards | \& | LF | Step to left |
| 3 | LF | Kick right diagonal | 32 | RF | Cross in front of LF |
| 4 | LF | Kick left diagonal |  |  |  |
| \& | LF | Step backwards | TOE HEEL STRUTS WITH BOOGIE KNEES |  |  |
| 5 | RF | Kick left diagonal | TRAVELLING LEFT, $1 / 4$ TURN L, SWEEP |  |  |
| \& | RF | Step backwards | R WITH 5/8 TURN L |  |  |
| 6 | LF | Kick right diagonal | 33 | LF | Touch toe to left |
| \& | LF | Step backwards | 34 | LF | Drop heel to floor (taking weight on LF) |
| 7 | RF | Kick left diagonal | 35 | RF | Touch toe across LF |
| \& | RF | Step backwards | 36 | RF | Drop heel to floor (taking weight |
| 8 | LF | Kick right diagonal |  |  | on RF) |
| \& | LF | Step Backwards | (whilst doing heel struts, pop your knees together/open) |  |  |
| PADDLE WITH 1/2 TURN LEFT (2X), FULL PADDLE |  |  | 38-39 |  | forward (9 o'clock) |
| SPIN LEFT(2X) |  |  |  |  | Make 5/8 turn left, whilst sweeping RF |
| 9 | RF | Step forward |  |  | from back to front (1:30 o'clock) |
| 10 |  | Make $1 / 2$ turn left, stepping LF forward (6 o'clock) |  |  | Touch together |
| 11 | RF | Step forward | SHUFFLES IN DIAGONAL, STEP WITH HOLD, |  |  |
| 12 |  | Make $1 / 2$ turn left, stepping LF forward | HEADMOVEMENT WITH HOLD |  |  |
|  |  | (12 o'clock) | 41 | RF | Step forward |
| \& |  | Make full turn left on ball of LF | \& | LF | Step together FIIl $^{\text {a }}$ |
| 13 | RF | Touch to right | 42 | RF | Step forward |
| 14 |  | Hold | \& |  | Make 1122 turn right (7:30 o'clock) |
| \& |  | Make full turn left on ball of LF | 43 | LF | Step back |
| 15 | RF | Touch to right |  |  | Step together Federa |
| 16 |  | Hold (weight on LF) |  |  | Step back |
| STEP R/L WITH SHOULDER |  |  | 45 |  | Make $1 / 4$ turn right, whilst stepping out to right side with RF (10:30 o'clock) |
| SHAKES, SAILORSTEPS R/L |  |  | 46 |  | Hold |
| 17 | RF | Step to right with shimmies | 47 |  | Look right (to 1:30 wall, body is stillfacing 10:30) |
| 18 |  | Shimmy shoulders |  |  |  |
| 19 | LF | Step to left with shimmies | 48 |  | Hold (weight remains on RF) |
| 20 |  | Shimmy shoulders |  |  |  |
| 21 | RF | Cross behind LF | STEP WITH 7/8 TURN LEFT WITH SWEEP, SAILOR L, |  |  |
| \& | LF | Step to left | SKATES FORWARD R/L/R/L |  |  |
| 22 | RF | Step to right | 49 | LF | Make $1 / 4$ turn left and step forwards |
| 23 | LF | Cross behind RF |  |  | towards 7:30 |
| \& | RF | Step to right | 50 | RF | Step together, whilst making 5/8 turn left and sweep LF from front to back Cross behind RF |
| 24 | LF | Step to left |  |  |  |
|  |  |  | 51 | LF |  |
| KNEE SWIVELS (3X), SWEEP, SYNCOPATED |  |  | \& | RF | Step to right |
| WEAVE |  |  | 52 | LF | Step to left |
| 25 | RF | Brush in front of LF to left | 53 | RF | Skate diagonal right forward |
| 26 | RF | Brush in front of LF to right | 54 | LF | Skate diagonal left forward |
| 27 | RF | Brush in front of LF to left | 55 | RF | Skate diagonal right forward |
| 28 | RF | Sweep from front to back | 56 | LF | Skate diagonal left forward |

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| ROCK/RECOVER, SHUFFLE WITH 1/2 TURN RIGHT, |  |  |
| :---: | :---: | :---: |
| TOUCH/HITCH WITH 1/2 TURN RIGHT, STEP BACK, |  |  |
| ROCK BACK/RECOVER |  |  |
| 57 | RF | Rock forward |
| 58 | LF | Recover |
| 59 |  | Make $1 / 4$ turn righ |
| \& | LF | Step next to RF |
| 60 |  | Make $1 / 4$ turn rig (6 o'clock) |
| 61 | LF | Touch next to R |
| \& |  | Hitch left knee, (12 o'clock) |
| 62 | LF | Step backwards |
| 63 | RF | Rock back |
| 64 | LF | Recover |

## PART C <br> SYNCOPATED HEEL GRINDS, STEP

 FORWARD/TOGETHER, TOE SWIVELS1 RF Grind heel forward

LF Recover
RF Step next to LF
LF Grind heel forward
RF Recover
LF Step next to RF
RF Step forward
LF Step next to RF
Toes out
Toes in
Toes out
Toes in (weight is on RF)


BEHIND/SIDE/CROSS, SLIDE R, SAILOR L/R

| 9 | LF | Cross behind RF |
| :--- | :--- | :--- |
| $\&$ | RF | Step to right |
| 10 | LF | Cross in front of RF |
| 11 | RF | Slide to right |
| 12 | LF | Drag next to RF (weight is on RF) |
| 13 | LF | Cross behind RF |
| $\&$ | RF | Step to right |
| 14 | LF | Step to left |
| 15 | RF | Cross behind LF |
| $\&$ | LF | Step to left |
| 16 | RF | Step to right |

## BOOGIE WALKS WALKING IN FULL CIRCLE LEFT

17 LF Step forward making $1 / 8$ turn left (10:30 o'clock)
18 RF Step forward making 1/8 turn left (9:00 o'clock)
19 LF Step forward making $1 / 8$ turn left (7:30 o'clock)
20 RF Step forward making 1/8 turn left (6:00 o'clock)
21 LF Step forward making 1/8 turn left (4:30 o'clock)
RF Step forward making 1/8 turn left (3:00 o'clock)
LF Step forward making $1 / 8$ turn left (1:30 o'clock)
24 RF Step forward making 1/8 turn left (12:00 o'clock)

## KICK SECTION

|  |  |  |  |
| :--- | :--- | :--- | :--- |
|  | LF |  |  |
| 26 | Cross in front of RF |  |  |
| 27 | RF | Kick diagonally right forward |  |
| 27 | RF | Cross behind LF |  |
| 28 | LF | Kick left forward |  |
| $\&$ | LF | Small step back |  |
| 29 | RF | Cross in front of LF |  |
| 30 | LF | Kick diagonally left forward |  |
| 31 | LF | Kick diagonally left forward |  |
| $\&$ | LF | Step together |  |
| 32 | RF | Touch right |  |

