

\*\*\*Official WCDF competition dance description 2010\*\*\*

# The Blues Is Alright

Pim van Grootel

Type : 48 Count, 4 Wall Lilt (East Coast Swing)  
Level : Novice  
Music : "The Blues is Alright" by Milton Campbell (BPM 133)

## OUT, OUT, HOLD, SAILOR STEP, SAILOR STEP, CROSS, ¼ TURN

& RF step side right  
1 LF step side left  
2 hold  
3 RF cross behind LF  
& LF step side left  
4 RF step side right  
5 LF cross behind RF  
& RF step side right  
6 LF step side left  
7 RF cross in front of LF  
8 LF ¼ turn right step back (3:00)

## HITCH, ¼ TURN & DRAG, ROCK RECOVER, SCOOT BACK

& hitch right knee  
9 RF ¼ turn right big step side right (6:00)  
10 LF drag  
11 LF rock forward  
12 RF recover  
& RF hitch left knee scoot back  
13 LF step back  
& LF hitch right knee scoot back  
14 RF step back  
& RF hitch left knee scoot back  
15 LF step back  
& LF hitch right knee scoot back  
16 RF step back

## POINT, STEP, POINT, STEP, SHUFFLE, ¾ TURN, CHASSÉ

17 LF point forward  
18 LF step side left  
19 RF point forward  
20 RF step side right  
21 LF step forward  
& RF step next to LF  
22 LF step forward  
& ¾ turn right (3:00)  
23 RF step side right  
& LF step next to RF  
24 RF step side right

## CROSS, UNWIND, ROCK, RECOVER, CHASSÉ

25 LF cross in front of RF  
26-28 unwind ½ turn right (9:00)  
29 RF rock back  
30 LF recover  
31 RF step side right  
& LF step next to RF  
32 RF step side right

## WEAVE, STEP, DRAG, SAILOR STEP

33 LF cross behind RF  
& RF step side right  
34 LF cross in front of RF  
& RF step side right  
35 LF cross behind RF  
& RF step side right  
36 LF cross in front of RF  
37 RF big step side right  
38 LF drag  
39 LF cross behind RF  
& RF step side right  
40 LF step side left

## STEP, ½ TURN, ROCK, RECOVER, OUT, OUT, IN, IN, OUT, OUT, IN, IN

41 RF step forward  
42 ½ turn left (3:00)  
43 RF rock forward  
44 LF recover  
& RF step side right  
45 LF step side left  
& RF step back to center  
46 LF step back to center  
& RF step side right  
47 LF step side left  
RF step back to center  
48 LF step back to center