

Official WCDF competition dance description 2009

Right On Sync

Jo & John Kinser & Mark Furnell

Type : 32 Count, 4 Wall West Coast Swing
Level : Novice
Music : "Bring It On" by Leon Jean Marie (BPM 111)

WALK, WALK, BACK STEP, LOCK,

STEP, FULL TURN,

¼ TURN SAILOR STEP

1 RF walk forward
2 LF walk forward
3 RF step back
& LF lock in front of RF
4 RF step back
5 LF ½ turn left step forward
6 RF ½ turn left step back
7 LF ¼ turn left cross behind RF (9:00)
& RF step side right
8 LF step forward

WALK, WALK, BALL CROSS X2,

CROSS, ROCK, RECOVER, CROSS,

BALL CROSS

9 RF walk forward
10 LF walk forward
& RF (angel body diagonally left)
step slightly side right
11 LF cross over RF
& RF step slightly side right
12 LF cross over RF
(moving towards 9:00)
13 RF (angel body 9:00)
cross over LF
14 LF rock side left
& RF recover
15 LF cross over RF
& RF step slightly right
16 LF cross over RF

STEP, DRAG, BALL CROSS, STEP,

ROCK BACK, RECOVER, STEP, HIP

ROLL ¼ TURN

17 RF big step side right
18 LF drag to RF
& LF step behind RF
19 RF cross over LF
20 LF step side left
21 RF rock behind
& LF recover
22 RF step side right
23,24 RF full counter clockwise hip circle
ending with ¼ turn left &
weight on LF (6:00)

STEP, ½ TURN, KICK & TOUCH &

TOUCH, FULL MONTEREY TURN,

¼ TURN ROCK BACK, RECOVER, STEP

25 RF step forward
26 LF ½ turn left
27 RF kick forward
& RF step next to LF
28 LF touch side left
& LF step next to RF
29 RF touch side right
30 LF full turn right step RF next to LF
31 LF ¼ turn right rock back
& RF recover
32 LF step forward